Running title: Specimen Collection: Guidelines for Best Practices Ruth Carrico

## **GENITAL SPECIMEN:**

Female: Genital tract specimen are submitted primarily for detection of sexually transmitted pathogens. If infection is not caused by one of these pathogens, anaerobic bacteria may be involved. If anaerobic infection is suspected, transport the specimen in an anaerobic collection system.

Male: For urethral cultures, collect specimen at least 2 hours after the patient has urinated. Obtain specimen by inserting a thin urogenital swab 2 - 4 cm into the endourethra, gently rotate it, leave in place for 1 - 2 seconds, then withdraw it.

| ORGANISM                   | RECOMMENDED SPECIMEN  | TRANSPORT SYSTEM  |
|----------------------------|---|---|
| Neisseria gonorrhoeae      | Cervical, urethral, vaginal,<br>anal (culture only)   | Culturette, Martin-Lewis plate<br>(culture)<br>M4 transport (PCR) – send on<br>ice, and transport to the<br>Microbiology Laboratory<br>immediately. |
| Bacterial                  | Prostatic fluid, cervical, vaginal  | Culturette, or sterile container  |
| Trichomonas vaginalis      | Vaginal, prostatic fluid  | Sterile container   |
| Fungi                      | Anal, vaginal or cervical   | Culturette or sterile container   |
| Anaerobes                  | Epididymis aspirate, amniotic fluid, abscess fluid  | Anaerobic transport   |
| Herpes Simplex Virus (HSV) | Genital or perianal lesion  | Viral or M4 transport   |
| Chlamydia trachomatis      | Urine (male/female)<br>Urethral (male), cervical, vulva<br>(culture only)   | Viral or M4 transport for culture<br>M4 transport (PCR) – send on<br>ice and transport to the<br>Microbiology Laboratory<br>immediately.            |
| Treponema pallidum         | Genital lesion (Note:<br>secondary lesions of syphilis<br>are most commonly found on<br>mucous membranes and skin<br>including palms of hands and<br>soles of feet, but any body<br>organ may be involved.) | Prepared slide in sterile<br>container.   |

## COLLECTION CONSIDERATIONS FOR GENITAL CULTURES

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|----|------------------------------------|--|--|
|    | ORGANISM                           | RECOMMENDED SPECIMEN                     | TRANSPORT SYSTEM                         |
|    | Ureoplasma urealyticum             | Urethral, epididymis or prostatic fluid. | Contact Laboratory for transport medium. |