

Sheet1

Grupo	Ciudad / Estado	Eastern Daylight Time
Palabra Radio / Flujos Vivos	Phialdelphia PA	11am - 1pm
Diaspora	Atlanta GE	1pm – 2pm
Media Mobilizing Project	Phialdelphia PA	2pm – 3pm
Juntos	Phialdelphia PA	3pm – 4pm
Democracy Now Español	NYC, NC	4pm – 5pm
Radio Callejera	New Haven, CT	5pm – 6pm
Make the Road	NYC, NC	6pm - 7pm
Radio Movimiento	Woodburn, OR	7pm – 8pm
Voces Mobiles	Los Angeles, CA	8pm – 9pm
Radios Populares	Chicago, IL	9pm – 10pm
Break	Phoenix, AZ	10pm – 11pm

Sheet1

Central Daylight Time Pacific Daylight Time

10am - 12am	8am - 10am
12pm – 1pm	10am – 11am
1pm – 2pm	11am – 12pm
2pm – 3pm	12pm – 1pm
3pm – 4pm	1pm – 2pm
4pm – 5pm	2pm – 3pm
5pm – 6pm	3pm – 4pm
6pm - 7pm	4pm – 5pm
7pm – 8pm	5pm – 6pm
8pm – 9pm	6pm - 7pm
9pm – 10pm	7pm – 8pm